

"Learning from mistakes"

Name:

Frustration is an emotion we usually experience facing a failure when a hope, an expectation, a project or a desire are not fulfilled or accomplished. The way we manage the frustration will decide the way we feel or act. We might give up and surrender or, on the contrary, we might go for persevering trying to improve for the next time.

The development of the following mission might specially help those perfectionist children, who have problems tolerating their own mistakes and controlling their own emotions when someone proves them wrong.

Sign:

★ THE LIST ★

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