

“Knowing how to lose”

MISSION DESCRIPTION

For every father or mother their children are the best in this world and they don't hesitate telling them since they are babies. However, when they go out to the outside world and start mixing with other people, they realize they are not the bests in everything, there is always someone who knows more or makes it better, as there is always someone who knows less and makes it worse.

It's essential for them to learn how to lose, and face that they can't always win. If you teach them how to manage failure and the frustration that comes with it, their self-esteem will be reinforced and they will learn not to give up in the future.

HOW TO USE THE MAP

When you are about to finish every Tip, you should award them with a particular amount of points. You will see how in every Tip it will be pointed out exactly how many.

Then you should go to the corresponding mission map and write down the points (or colour the star, as you prefer) in the Tip number you have already completed.



AREAS



Emotion
Recognition



Frustration
Tolerance

LEVEL OF DIFFICULTY



AGE : 4 to 12 years old

DURATION : 21 days

TIPS AMOUNT: 12

CRYSTALS: 15



REMEMBER...

The more immediate you do it, more chances there will be they repeat the right behaviour. You shall only award them with points when the mission goal you agreed in advanced is been achieved, not otherwise.

Let them write down the points or colour the star, so they'll be aware of their improvements and will be more motivated to go on until the end.

“Knowing how to lose”

Name:

A motto:

Prize:

Sign:

END OF THE
MISSION

